

HOW TO BE FREE

IN LIFE & BUSINESS

1. **MAKE A LIVELIHOOD** FOCUS ON BUILDING A FUNCTIONAL LIFE; JOBS ARE TEMPORARY.
2. **INVESTIGATE YOUR DNA** BE ORIGINAL. KNOW WHAT YOU'RE ALL ABOUT, THEN TURN IT UP!
3. **CHOOSE YOUR OWN ECONOMY** BUY FROM/SELL TO YOUR COMMUNITIES, SUPPORT THOSE YOU LOVE.
4. **LEAD FROM ANYWHERE** ENCOURAGE OTHERS. DON'T TEAR DOWN. STEP UP WHEN YOU'RE CALLED.
5. **PRACTICE GIVING** SHOW GENEROSITY, GOODWILL AND COMPASSION.
6. **STAND FOR SOMETHING** FIGHT FOR YOUR BELIEFS. AIM FOR BALANCE AND JOY
7. **BE INDEPENDENT** LEARN WHAT IT IS YOU NEED TO SURVIVE.
8. **BE INTERDEPENDENT** GET OTHER PEOPLE INVOLVED AND INVESTED IN YOUR LIFE.
9. **LET GO OF THE CONVICTIONS** THAT DON'T SERVE YOU. BE SOFTER ON THE IDEALS OF OTHERS
10. **CREATIVITY REQUIRES A PRACTICE** BE DISCIPLINED, DO YOUR "THING" EVERY SINGLE DAY.
11. **HEALTHY COMMUNITIES NEED YOU** SHOW UP AND BE THERE.
12. **STEAMROLL SELF-BUILT ROADBLOCKS** LEARN TO MANAGE YOUR EMOTIONS, FEAR AND STRESS.
13. **MAKE BETTER STUFF** GO DEEPER, DON'T SETTLE FOR JUST GOOD ENOUGH.

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